

Main methods of communication

Listed below are the main types of communication that deafblind people use. More information about each can be obtained by clicking on the link.

- [Deafblind manual alphabet](#) Also known as finger-spelling, the Deafblind Manual Alphabet is a method of spelling out words onto a deafblind person's hand.
- [Block](#) Block is a manual form of communication where words are spelled out on to the palm of the deafblind person's hand.
- [British Sign Language](#) British Sign Language is a language in its own right, which uses hand signs and facial expressions as a visual form of communication.
- [Makaton](#) Makaton uses signs, symbols and speech to develop communication.
- [Clear Speech](#) Speaking clearly is one of the most effective and common ways of communicating with people who have acquired hearing loss.
- [Tadoma](#) People who use tadoma will place their hands on the speaker's lips or throat to feel the vibrations.
- [Braille and Moon](#) Both these methods are ways of producing text to enable it to be read by touch.
- [Objects of reference](#) Some people who are deafblind learn to use objects which symbolise a particular significant activity.

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