

Treks and walks

[Kilimanjaro Machame Trek](#)

The Sense Kilimanjaro Trek follows the beautiful Machame Route and approaches Kilimanjaro from the South. This 6 day trek starts through dense tropical rainforest, and passes through some of the mountain's best features, the Shira Plateau, Barranco Wall and Karanga Valley, on the way to the summit.

Starts on Thursday 7 June 2012

Ends on Saturday 16 June 2012

Category Treks and walks

Location Mount Kilimanjaro, Tanzania

[The Solar Series – Summer Solstice South Downs Way Trek](#)

The Summer Solstice South Downs Way Trek is the longest route in the Sense Solar Series and we aim to cover 40 miles between sunrise and sunset and everything in between. Further information will come soon.

Starts on Saturday 16 June 2012

Ends on Saturday 16 June 2012

Category Trek

Location The South Downs, Hampshire

[The Ridge Walk](#)

This is a fantastic opportunity to tackle and conquer the oldest road in Britain. Steeped in history, the Ridgeway is one of the most beautiful and dramatic national trails in the UK.

Starts on Saturday 30 June 2012

Ends on Sunday 1 July 2012

Location Ridgeway, Oxfordshire / Wiltshire

[Sense Wild West Weekend](#)

Starts on Friday 13 July 2012

Ends on Sunday 15 July 2012

Category Treks and walks

Location Castleton, Peak District

[The Solar Series – Gower Coastal Walk](#)

The challenge begins watching the sun rise over Swansea bay. From our vantage point on the Mumbles headland the challenge heads west to the far end of the Gower Peninsular taking in some of the most famous bays and beaches in Wales. Whether you want to enjoy a fun day out, challenge yourself, or just to do something for charity, this event could be the perfect one for you!

Starts on Saturday 18 August 2012

Ends on Saturday 18 August 2012

Category Trek

Location The Gower Peninsula, South Wales

[Trek to Machu Picchu](#)

This unique alternative to the extremely busy Inca Trail is far off the beaten track and you will see diverse and spectacular scenery as you glimpse a way of Peruvian life that has remained untouched for centuries.

Starts on Thursday 23 August 2012

Ends on Saturday 1 September 2012

Location Machu Picchu, Peru

[Mount Toubkal Trek](#)

Starts on Sunday 9 September 2012

Ends on Saturday 15 September 2012

Category Trek

Location Atlas Mountains, Morocco

[National 3 Peaks Challenge](#)

This is one of the toughest and most popular UK walking challenges for a reason and you won't be disappointed. You'll start by scaling the 1344 metres of Ben Nevis on Saturday afternoon before ascending the 978 metres of Scafell Pike by torchlight. Having descended the Pike in the early hours you'll then take on the 1085 metres of Mount Snowdon on Sunday morning to complete this ultimate challenge.

Starts on Saturday 15 September 2012

Ends on Sunday 16 September 2012

Category Three peaks challenge

Location Snowdon, Ben Nevis and Scafell Pike

[The Solar Series – Nene Way](#)

For our penultimate event of 2012 the Sense Solar Series heads to the heart of the UK as we explore the Nene Way. Starting from the picturesque village of Woodford (just outside Kettering) we follow the River Nene as it meanders its way along our path before completing the challenge at the Sense Resource Centre in Peterborough with a welcome celebratory drink.

Starts on Saturday 22 September 2012

Ends on Saturday 22 September 2012

Category Trek

Location The Nene Valley, near Peterborough

[Trek through Romania's ancient woodlands](#)

A week's trekking through ancient woods, over rolling hills, along a steam train line and through traditional villages.

Starts on Friday 28 September 2012

Ends on Monday 8 October 2012

Category Trek

Location Maramures, Romania

[Everest Base Camp Trek 2012](#)

Starts on Thursday 18 October 2012

Ends on Sunday 4 November 2012

Category Trek

Location Everest, Nepal

[The Solar Series – Snowdon Rooftops Challenge](#)

At 18 miles the Rooftops Challenge in Snowdonia is the shortest walk in the Solar Series (although this has plenty of height gain!) Do something amazing in 2012 and challenge yourself and your team to take on one or maybe all of the Sense Solar Series challenge walks.

Starts on Saturday 20 October 2012

Ends on Saturday 20 October 2012

Category Trek

Location Snowdonia, North Wales

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