

Communication

The documents below are available in PDF format, using [Adobe Acrobat Reader](#) and also in text format. You can also request paper copies using the order form.

Current publications

- [How do people who are deafblind communicate?](#) This factsheet shows a range of ways of communicating with a deafblind person as depending on their needs.
- [Challenging behaviour in adults](#) This factsheet describes what is meant by 'challenging behaviour' and how to help someone with this.
- [Deafblind manual alphabet](#) Also known as finger-spelling, the Deafblind Manual Alphabet is a method of spelling out words onto a deafblind person's hand.
- [Block](#) Block is a manual form of communication where words are spelled out on to the palm of the deafblind person's hand.

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