

What can I do to help?

There are plenty of things you can do to make your services accessible:

- Find out how to contact the sensory team in your area. Try the local council website or [contact Sense for help](#). Put their number on the poster and put it up as a reminder.
- Think about the patients you see. [Are any of them deafblind?](#) Or caring for deafblind relatives? Make sure they have had an assessment from a deafblind specialist.
- Contact your sensory team and ask what services are available in the local area. In some areas there are social events for deafblind people, local societies with support services, or specialist befriending schemes.
- Invite your sensory team to come and speak to a primary healthcare team meeting about deafblindness and what support they can offer.
- Ask your PCT to include sensory information in their education activities.
- Think about your services. Have a look at the ['making your services more accessible'](#) page to see if you could improve access for deafblind patients.
- Deafblind Awareness Week is at the end of June each year. Why not have an information display in the surgery about deafblindness during that week? [Contact Sense for materials](#).
- Organise some deafblind awareness training for your staff. Your local sensory team may be able to help with this.